



Baked Lemon Sheephead

Serves 5

Ingredients

- 2 lbs sheephead fillets
- 3 tablespoons lemon juice
- 2 tablespoons melted butter
- 1 small onion, chopped
- 1 bunch fresh parsley, chopped
- salt and pepper
- dill
- olive oil
- dill

Directions

Preheat oven to 450 degrees. Sprinkle sheephead fillets with salt, pepper, and lemon juice. Coat with butter and place in oiled baking dish with lots of room. Mix parsley and onions and place around sheephead. Sprinkle a little olive oil and dill on top. Reduce oven temperature to 400 degrees and bake 12 minutes or until done. Serves 5.